



# EXPERT RESPONSE RESTORATION

Delivering Expert Response Through Full-Service, Mitigation Focused and Transparent Restoration

## Start With A List!



**Making a list! Checking it twice!**

## What should be on your list?



Courtesy of:



Delivering Expert Response Through Full-Service,  
Mitigation Focused and Transparent Restoration

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## Be Prepared in the Event of a Severe Storm!

Regardless of where you live many types of storms can warrant the need of an emergency kit. The list may vary some but being prepared could make life easier in the event of a storm.

### WHAT TO KNOW WHEN BUILDING A KIT

A disaster supplies kit is made up of basic items your household may need in the event of an emergency.

It is best to assemble your kit before an emergency so that you are not searching or shopping at the last minute for items you will need. Survival after a storm means you will need items such as food, water, and other necessities in sufficient quantities until help arrives or utilities are fully restored.

Basic services such as electricity, gas, water, sewage treatment and telephones may be cut off for a long period of time. Your supplies kit should contain items to help you manage during these outages.

### WAYS TO MAINTAIN YOUR KIT

Don't forget to keep your supplies maintained so that they are ready and safe to use when they are needed. Here are just a few tips to keep your supplies ready and in good condition:

- You should keep canned food in a cool and dry place and throw out any canned goods that have been damaged.
- Put boxed food into sealed plastic or metal containers which will help extend the shelf life and help keep pests out.
- Check dates on food so that you can replace when needed. Then put the newest items in the rear.
- Write dates on all stored food that is not dated so you will know when they expire.

It is always best to check and update your kit every 6 months to a year as your family needs can change as well.

# Learn more about what you need!

## Forms to Keep Handy Can Be Found at: [www.allreadystl.com/plan.html](http://www.allreadystl.com/plan.html)

According to the website you should:

Make A Plan

Prepare a Kit

And

Stay Informed

### Emergency Kit Checklist

The following items should be part of your emergency kit and kept in a container that can be easily carried.

- |  |   |
|--|---|
| <input type="checkbox"/> Bottled water (One gallon of water per person per day, to last three days.)   | <input type="checkbox"/> Prescription medicine                                    |
| <input type="checkbox"/> Canned or dried food (A three-day supply of non-perishable food items for each person. Remember a manual can opener.) | <input type="checkbox"/> Clean clothes and sturdy shoes                           |
| <input type="checkbox"/> Battery-powered radio   | <input type="checkbox"/> Extra credit card  |
| <input type="checkbox"/> Flashlight  | <input type="checkbox"/> Extra money  |
| <input type="checkbox"/> Extra batteries for radio and flashlight  | <input type="checkbox"/> Sturdy trash bags  |
| <input type="checkbox"/> First-aid kit   | <input type="checkbox"/> Formula and baby food if there is an infant in your home |

### Listen for Information

Listen for information about what to do and where to go during an emergency. City, county, and state officials have developed emergency plans. During an emergency, it is important to follow their instructions and advice.

#### Other things to consider:

- Know the emergency and evacuation plans for your workplace. (Keep a supply of water and canned food, a flashlight, battery-powered radio, change of clothes, and a pair of shoes at your desk or in your locker.)
- Review the building's emergency and evacuation plans if you are a senior citizen or a disabled person living in a special care facility.
- Identify people who can help you during an emergency if you are disabled living at home or have special medical needs.
- Learn about emergency plans at your child's school or day care center. (Make sure they have up-to-date contact information for you and another member of your family.)
- Keep a small, portable emergency supply kit in your car at all times. (Include a gallon of water, several cans of food, and a manual can opener, a sleeping bag or extra blanket, extra money, and first-aid supplies.)
- Consider your pet when preparing for an emergency.

#### Discuss this information with your entire family.

To learn more about preparing for an emergency, visit [health.mo.gov](http://health.mo.gov) or contact your local public health department.

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Center for Emergency Response and Terrorism  
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### Don't Forget The Pets!

### Items You May Need

Millions of home owners have pets that are important members of their household. Unfortunately, animals are also affected by disaster. Items that may be needed:

- Can Opener
- Food
- Leash
- Water
- Medications if needed
- Toys/Bed to soothe the animal

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